1

00:00:01,840 --> 00:00:06,120

What are the other dangers of peripheral arterial disease?

2

00:00:06,720 --> 00:00:09,100

When someone has peripheral arterial disease

3

00:00:09,200 --> 00:00:15,740

in their lower limb, they need to know that this is part of a systemic disease.

4

00:00:15,840 --> 00:00:22,140

Arterial disease means that atherosclerosis can develop

5

00:00:22,240 --> 00:00:27,260

in any part of our body, narrowing the blood vessels.

6

00:00:27,360 --> 00:00:32,540

Atherosclerosis can result in

7

00:00:32,640 --> 00:00:38,360

angina pectoris or development of heart attacks

8

00:00:38,480 --> 00:00:43,820

if it affects the coronary arteries, which can obviously

9

00:00:43,920 --> 00:00:49,100

be a fatal consequence of atherosclerosis.

10

00:00:49,200 --> 00:00:55,180

Similarly, the disease can affect cerebral vessels.

11

00:00:55,280 --> 00:01:01,900

In this case, in addition to temporary cerebral circulatory disorders,

12

00:01:02,000 --> 00:01:07,500

dizziness, or limb weakness, stroke develops in severe cases, when cerebral

13

00:01:07,600 --> 00:01:13,660

vascular occlusion causes severe circulatory disorders

14

00:01:13,760 --> 00:01:19,240

and dysfunction of a particular brain area.

15

00:01:20,560 --> 00:01:25,660

It is very important to note that if peripheral arterial disease is diagnosed,

16

00:01:25,760 --> 00:01:31,900

which can be identified with simple methods, one should also think

17

00:01:32,000 --> 00:01:35,180

about the possibility of other vascular diseases.

18

00:01:35,280 --> 00:01:40,780

In this case, the cervical vessels entering the brain are usually

19

00:01:40,880 --> 00:01:45,020

screened by carotid ultrasound examination, with this method

20

00:01:45,120 --> 00:01:49,900

it is possible to find out at an early stage whether the arteries

21

00:01:50,000 --> 00:01:55,420

leading to the brain have atherosclerosis. Similarly, coronary artery disease

22

00:01:55,520 --> 00:02:00,520

can be detected in time through targeted screening.

23

00:02:00,960 --> 00:02:06,540

The crucial benefit of identifying lower limb arterial disease

24

00:02:06,640 --> 00:02:11,260

is that if we start treatment, it will improve not only the

25

00:02:11,360 --> 00:02:16,940

outcome of atherosclerosis in the lower limb, but also in the cardiac and,

26

00:02:17,040 --> 00:02:20,780

cerebral vessels. So it is extremely important

27

00:02:20,880 --> 00:02:26,300

that we can prevent heart attacks or strokes with

28

00:02:26,400 --> 00:02:30,720

different lifestyle changes and medical treatments.