1

00:00:01,200 --> 00:00:05,420

*What are the drug treatment options for vasoconstriction?*

2

00:00:05,520 --> 00:00:11,420

*In the treatment of vasoconstriction, we need to distinguish between two types of treatment.*

3

00:00:11,520 --> 00:00:15,420

*One is the management of the*

4

00:00:15,520 --> 00:00:21,020

*different risk factors, in some cases, diabetes,*

5

00:00:21,120 --> 00:00:24,860

*hypertension, or heart disease*.

6

00:00:24,960 --> 00:00:29,660

*These are what essentially help eliminate the risks.*

7

00:00:29,760 --> 00:00:36,220

*The other treatment is trying to increase the walking distance with*

8

00:00:36,320 --> 00:00:41,580

*some kind of medication.*

 9

00:00:41,680 --> 00:00:45,740

*These are specifically designed to do that.*

10

00:00:45,840 --> 00:00:52,920

*Preference is given to ACE-inhibitors to decrease blood pressure.*

11

00:00:53,200 --> 00:00:57,420

If possible high blood pressure should be avoided,

12

00:00:57,520 --> 00:01:01,900

or if necessary, at least a type of beta-blocker should be used,

13

00:01:02,000 --> 00:01:05,500

with less effect on the peripheral vessels,

14

00:01:05,600 --> 00:01:10,460

not tightening them. *Such types do exist.*

15

00:01:10,560 --> 00:01:15,980

*And, of course, other medications for diabetes*

16

00:01:16,080 --> 00:01:20,300

*are not just about lowering high blood glucose*

17

00:01:20,400 --> 00:01:26,380

*levels these days, but also have other*

18

00:01:26,480 --> 00:01:30,460

*„side effects”, that help prevent and treat*

19

00:01:30,560 --> 00:01:35,580

*atherosclerosis. So these are the things that help to make sure*

20

00:01:35,680 --> 00:01:41,720

*that our risk factors are not severe, that they don't have side effects.*

21

00:01:43,040 --> 00:01:48,460

*In terms of increasing walking distance, one of the sovereign*

22

00:01:48,560 --> 00:01:51,580

*drugs that we recommend to all patients unless there are*

23

00:01:51,680 --> 00:01:55,340

*contraindications is a medicine called cylostazol.*

24

00:01:55,440 --> 00:01:58,540

*There are several types of it. Essentially, in addition to*

25

00:01:58,640 --> 00:02:02,220

*increasing our gait, this product has other side effects*

26

00:02:02,320 --> 00:02:05,660

*that are specifically helpful in preventing vasoconstriction,*

27

00:02:05,760 --> 00:02:11,820

*improving our lipid parameters, inhibiting platelet*

28

00:02:11,920 --> 00:02:17,180

*collision, so it has clear*

29

00:02:17,280 --> 00:02:21,900

*positive effects.*

30

00:02:22,000 --> 00:02:26,860

*There are also drugs that try to reduce the*

31

00:02:26,960 --> 00:02:29,900

*viscosity of the blood.*

32

00:02:30,000 --> 00:02:34,540

*They are in fact secondary to this treatment.*

33

00:02:34,640 --> 00:02:39,820

*It is all about helping to make our honey-like blood a little bit thinner,*

34

00:02:39,920 --> 00:02:43,980

*so it can pass through the more constricted areas.*

35

00:02:44,080 --> 00:02:48,060

*These are the medications that help prevent vasoconstriction*

36

00:02:48,160 --> 00:02:52,700

*from getting worse, or to make your quality of life less poor*

37

00:02:52,800 --> 00:02:56,480

*and make us able to walk more.*